
CAMILLA CAVENDISH

Ft Columnist, Author of Extra Time 10 Lessons for Living Longer Better

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Camilla Cavendish is an award-winning journalist and broadcaster, and the author of “Extra Time: Ten Lessons for an Ageing World”, published by Harper Collins in 2019. She is a Senior Fellow at Harvard’s Kennedy School and Contributing Editor at the Financial Times, where she writes a weekly OpEd column. As Head of the 10 Downing Street Policy Unit under Prime Minister David Cameron she was associated with a range of policies and initiatives, most notably persuading the PM to adopt the so-called ‘sugar tax’.

Camilla has been a board member of CQC, the NHS regulator, and has authored two independent government reviews into health and social care. During the 2020 pandemic she was called back into government to become a temporary adviser to the Department of Health. She is a member of the Steering Group of Share Action’s Long-Term Investors in People’s Health and the Advisory Committee of Phoenix Insights for Better Longer Lives. Camilla Cavendish is an adviser to InHealth Ventures, the transatlantic healthcare fund, and Patron of Frontline, which puts talented graduates into social work. At Harvard she researches demographic change and its future impact on economies, geopolitics and societies.

Camilla regularly features on broadcast media including BBC Question Time, Radio 4 Today, CNN and Bloomberg delivering insights into politics, health, demographic change and the future of work. Camilla Cavendish started her career at McKinsey & Co and holds degrees from Oxford and Harvard.

Topics

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