
LOUIS THEROUX

Documentary Presenter Best Known for Producing Immersive Documentaries That Explore The Often Controversial and Complex Aspects of The Human Condition

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Topics

- Author
- Creativity
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Louis Theroux is a documentary presenter best known for producing immersive documentaries that explore the often controversial and complex aspects of the human condition. Using a gentle questioning style and an informal approach, he has shone light on intriguing beliefs, behaviours, and institutions by getting to know the people at the heart of them – from the officers and inmates at San Quentin prison to the extreme believers of the Westboro Baptist Church; from male porn performers in California to young women with eating disorders in London.

Theroux graduated from Oxford in 1991 and got his break in television in 1994 working for the American documentary maker Michael Moore, who hired him as a writer and correspondent on his show, TV Nation. He then went on to make the Bafta-winning series ‘Louis Theroux’s Weird Weekends, When Louis Met...’, and a series of award-winning specials including ‘The Most Hated Family in America’, ‘Miami Mega Jail’, ‘Altered States’ and the feature-length documentary, ‘My Scientology Movie’.

Over the years, Louis Theroux has kept true to a way of working that is uniquely his own: by charming his subjects, he’s able to offer rounded portraits of the people involved in complex social issues and human dilemmas, while always resisting easy judgments.

Louis Theroux has won numerous awards, including three BAFTAs, an RTS award, and Grierson’s Trustees’ Award. Louis’ second book, Gotta Get Theroux This, was published in 2019.