
MARTYN NEWMAN

Clinical Psychologist Specialising in Emotional Intelligence (EQ) and Mindfulness

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Martyn Newman is a clinical psychologist specialising in Emotional Intelligence (EQ) and Mindfulness. He is author of the best selling book *Emotional Capitalists* and coauthor of the *Emotional Capital Report™* – the global benchmark for measuring EQ and leadership performance – and the *Emotional Intelligence Sports Inventory* – the world’s first psychological inventory to measure how EQ supports elite sports performance.

Martyn Newman received his PhD from the University of Sydney and holds an MA from GTU at the University of California, Berkeley, a Masters of Psychology from Monash University, Melbourne, and a Doctor of Psychology from La Trobe University, Melbourne. He has held academic posts as Senior Lecturer at the University of East London, the School of Psychology at ACU National and is currently Visiting Fellow for Leadership at Sheffield Business School, Sheffield Hallam University and an Instructor in Mindfulness on the MBA program, Sydney University.

Newman’s advice has been sought at the highest levels of leadership worldwide, including the likes of Sky, Deloitte, ExxonMobil, Mars, Network Rail and Quiksilver, Royal Bank of Scotland and British Airways among many others.

Topics

- Author
- Leadership
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